

WEEK 27:

THE ONLY THING NECESSARY

PRIMARY SCRIPTURE:

Luke 10:38-42

RELATED SCRIPTURES:

Psalms 27 + 73, Isaiah 30:15, Matthew 6:25-34,
John 6:27-34, Colossians 3:1-4, 1 Peter 1:3-9 Exodus 16,
Deuteronomy 8:1-10, John 6:1-15 + 22-71, Revelation 7:13-17

"We are not primarily called to do something or go somewhere; we are called to someone."

- Os Guinness

"We cannot do everything; there is not enough time. Like Mary, therefore, we have to choose and choose very deliberately. Life's affairs will not automatically sort themselves into a true order of priorities. If we do not consciously insist on making 'sitting at the Lord's feet and listening to his word' our number one necessity, a thousand and one other things and duties, all claiming to be prior necessities, will tyrannize our time and energies and rob us of the 'good part' in life."

- David Gooding

PERSONAL STUDY:

Read Luke 10:38. How frequently are neighbors and co-workers inviting you into their homes? How frequently are you inviting friends into your home? What is spiritually significant about how frequently Jesus engages people in their homes?

Read Luke 10:39 and Psalm 27:7-8. What does seeking the Lord's face look like in your life? How are you cultivating undistracted time to sit at Jesus' feet, be with him, and learn from Him?

Read Luke 10:40-42. What distractions keep you from spending focused time with Jesus?

What does Martha's complaint to Jesus reveal about her heart? Why does she feel angry about Mary's inaction? How does busyness relate to works-righteousness (trying to prove yourself to God and others)?

Read Psalm 73. What is David's temptation in verses 1-16?

Read Psalm 73:17. What changes in David's perspective? What does it mean to enter into "the sanctuary of God"?

Read Psalm 73:23-28, Luke 9 and Isaiah 30:15. What does it mean for God to be your portion? How do you personally rest in quietness and grow in trusting that Jesus is all you need?

SERMON NOTES:



LIFEGROUP DISCUSSION:

Are you more likely to rest too much or to do too much? Why?



Read Luke 10:38-42. Why doesn't Jesus celebrate Martha's busyness when she is by all accounts doing a good thing in serving her guests?

What are the good things in your world that get in the way and distract you from the one necessary thing?

How does time spent at Jesus' feet actually fuel and give life to the many other good things in our lives?



How does the gospel shift the goal of disciple-making from people who do a lot of ministry and serving to people who sit at Jesus' feet first and let their entire lives (including ministry and serving) flow from there?

Spend some time praying for your group to treasure Jesus as your portion – to cultivate vibrant time being with Him.



Spend some time praying that Jesus would use your group to help your friends take next steps towards sitting at Jesus' feet.