



YOU SHALL NOT COVET

If your LifeGroup didn't get to this last week, take this time to complete the LifeGroup Health Survey. It gives you an opportunity to highlight the wins, share growth areas, and reflect on the components of a LG. We want our LifeGroup Leaders and LifeGroups to be healthy so people can continue to grow in their discipleship and relationship with Jesus. You can access the survey [here](#) or via the QR code below:



For LifeGroup training resources check out MidtownLifeGroups.com

1. CATCH UP ON LIFE:

This is when we update each other on the things that Jesus has been up to in our lives since we last saw each other. As church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between. (1 Thessalonians 2:8, Romans 12:10 and 15)

Suggested time: 20-30 minutes

- What can you thank God for this week?
- When were you most aware of Jesus' presence this week?
- When were you least aware of Jesus' presence this week?

2. REVIEW THE MISSION:

Just like God the Father sent Jesus on a mission of reconciliation for us, Jesus sends us out as ambassadors of His reconciliation. We are called to make disciples wherever we go because Jesus changes everything. (John 20:21 and 2 Corinthians 5:18-20)

Suggested time: 10-20 minutes

- **People:**
 - Reactive - Who in your life (family, coworkers, etc.) can we join you in praying for? Who has God put around you that is showing spiritual interest? Who is hurting and could use some love from our group?
 - Proactive - Who are the people we are intentionally living on mission with (neighbors, STC partner organizations, or a specific demographic in Columbia)? What are our upcoming plans to love, serve, and build relationships with this group?
- **Plan:** Are there any rhythms already planned, or an extra rhythm we could plan to create a way for these friends to connect with our group?

For tools and resources to grow in your walk with Jesus, go to FollowingJesusTogether.com

Pray: *Prayer is the fuel of God's mission. Let's pray for our people by name; pray for their needs, and opportunities to have spiritual conversations that help them take next steps toward Jesus.*

3. SERMON DISCUSSION:

God uses His Word to reveal Himself to us, equip us to live the good life He's designed for us, show us our sin, and strengthen us as we follow Him. We preach the Word on Sundays and apply it as a LifeGroup throughout the week. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25)

Suggested Time: 20-40 minutes

I. SCRIPTURE DISCUSSION

Primary Passages: **Deuteronomy 5:21** and **Psalms 16:5-11**

Read **Deuteronomy 5:21** and **Psalms 16:5-11** out loud. Spend some time silently reflecting and journaling the following questions as a LifeGroup.

- What stands out from the passage?
- What does this passage reveal to us about God?
- What does this passage reveal to us about people?

Share with one another what you thought, reflected, and wrote about.

II. SERMON AND BOOK DISCUSSION

What stood out to you from the sermon? What stood out from this week's reading of *For Our Good Always* (chapter 13 and Interlude 13)?

In the sermon, we said coveting happens when we set our desires on something that is not ours. When this happens it produces discontentment, disenchantment, and resignation. Are there any areas in your life where you've broken the tenth commandment?

- If so, what are they? (Examples can include season of life, relationship status, material possessions, etc)
- What often specifically causes you to covet?

Rather than have a posture of discontentment, disenchantment, and resignation, our call is to find our delight in the goodness and presence of God.

- What might it specifically look like for you to repent of coveting?
- Are there any areas of loss or unfulfilled desires that you need to process with God and adequately grieve with Him?
- What does it look like for you to practice radical acceptance so you can cultivate deeper gratitude?

*Following
Jesus
Together*

With this being our final week of the series, how has Sabbath gone for you overall? What proved to be the most challenging? What was the most beneficial? What practical things can you set in place to make Sabbath a regular rhythm in your life?

4. ENGAGE THE HEART:

Jesus calls us to walk in the light, confessing our sins to God and each other. God's Spirit works through confession and community to lead us to repentance. (Romans 3:23-24, James 5:16 and 1 John 1:5-10)

Suggested Time: 20-40 minutes

How are you abiding with Jesus (Bible reading and prayer) this week? What's one thing Jesus is teaching you through abiding with Him?

Where have you seen victory over sin in the last week? Where have you been encouraged in your walk with Jesus in the last week?

What sin(s) do you need to confess to God and others? What are you struggling to trust Jesus with this week? How can you give Him control of it?

Pray: *James tells us that a community that regularly confesses sin and prays for each other will see a lot of healing. Confess your sins to God in prayer and pray for each other. **Pray** for the Spirit to work in you as you take steps of repentance.*