

WHAT IS A FAMILY GUIDE?

The Family Guide resembles the weekly LifeGroup Guide and is designed for a family to do together once a week. It has the same familiar elements (Catch Up on Life, Sermon Discussion, Engage the Heart, Review the Mission) and is meant to be a 30-minute family rhythm.

"When it comes to family spiritual formation, it's not about perfect practice, it's about moving from nothing to something...If our goal was to do something perfect, we'd still be doing nothing. But that is not the goal; the goal is just to do something, and a messy something is still something."

-Justin Whitmel Earley, Habits of the Household

CATCH UP ON LIFE

Have someone read one (or all) of these verses. (1 Thessalonians 2:8, Romans 12:10 and 15)

- What was the best part of your week? What was the hardest part of your week?
- Are there any ways you have noticed God working?

Kids, make sure you ask these questions to your parents as well!

SERMON DISCUSSION

Have someone read one (or all) of these verses. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25)

Lesson: Jesus & the Doubter

Passage: John 20:19-28

- Who were the main people in the story? Where were they?
- What do you remember from the story you learned about on Sunday?



Want to dig deeper?

Doubting can be hard, but Jesus can help us! We can be honest and share our doubts with others.

- Has there ever been a time where you have struggled with doubt? What did that look like?
- What did you (or do need to do) to share it with others?

ENGAGE THE HEART

Have someone read one (or all) of these verses. (John 15:4, James 5:16, 1 John 1:5-10, 1 John 1:9)

- How do you need God's help this week?
- Is there any sin we need to confess to Jesus and ask Him to forgive us?

REVIEW THE MISSION

Have someone read one (or all) of these verses! (John 20:21 and 2 Corinthians 5:18-20)

• Who is someone who needs God's love and how can we show it to them?

Want Family Mission Ideas? Here are two ideas.

- Ask a friend how we can pray for them.
- Write an encouraging note to someone.

PRAY TOGETHER

Pray together as a family. You can pray short prayers like, "God, thank you for" or "God, help me with" or "God, I'm sorry for..."