

KIDTOWN GUIDE

for 2K-5K

DATE: 4/5/20 - 4/11/20

SCRIPTURE: Mark 1:16-20; 2:13-14; John 1:43-51

LESSON: *Follow Me!*

INTRO

Parents read this to your kids at the beginning.

It's a new week of being at home together! We have gotten into the groove of our new rhythms, and maybe this is starting to feel a little normal. One of the good things about our new routine is getting to worship together as a family, so let's get started doing that by playing together!

PLAY (10 minutes)

In a time of high anxiety and stress, play is an easy, fun way for kids to feel relief and safe. Far from a copout, play is actually helpful for kids and adults. Below we have given some suggestions for group games. Use whichever of these works best for the kids in your family. If you don't like these games, feel free to make arts and crafts, color or give the kids some free play time.

Option 1: Uno Movement Game

Supplies: 1 deck of Uno cards

Grab a deck of cards, Uno is the easiest, but you can do this game with a regular deck of cards as well. Assign a movement to each color (e.g. Red = Stomp, Blue = Hop, Green = Spin, Yellow = Touch your elbow to the opposite knee). Shuffle the deck and take turns pulling out a card. Everyone does the action assigned to the color the number of times of the number on the card (e.g. A Blue 5 = hop 5 times). If you draw a reverse card, reverse the order of turns. If you draw a skip, then skip the next person from drawing a card. If you draw a Draw Two, the next person must draw two cards and combine the actions together (e.g. hop and spin) the number of times of the largest card. If you draw any wild card, the person who drew does whatever dance move they want and everyone follows their lead.

Option 2: Four Corners

Use a room in your house where you can get to all four corners. (In a pinch, at least two or three corners will do). Pick one person to be "it". Have that person close their eyes and count to ten, everyone else chooses a corner to stand in while the person is counting. When they finish counting, with their eyes still closed, they choose a corner. Anyone who is standing in the chosen corner is out, play until only one person is left. They are the winner! If you want to play multiple rounds, have the winner be "it" for the next round.

SING (5 minutes)

Kids love singing and it's a great way to start to direct their energy in a Godward direction before the lesson.

Here are some songs we suggest, but you can use any songs that you and your kids love!

- [This Little Light of Mine](#)
- [What a Mighty God We Serve](#)

LESSON (10 minutes)

*One of the most important ways we get to disciple kids is by helping teach the truth of God's Word and how it points towards Jesus. Our Preschoolers are going through a series of books, the "God Loves Me Storybooks". These books tell the story of scripture over 12 books, one for each month of the year. **For one month kids hear and interact with the same story** so that they can learn it well! Each week there is a different activity for the story:*

This is Week 1 of our new story, Follow Me! This week, start by reading the story and then follow up with questions to see what they remember.

Book: [Follow Me!](#)

Questions

- What do you remember from the story? *Try to get kids to answer as much as they can, but when they get stuck move onto the following questions.*
- Who were the main characters in the story? *Jesus, Peter, Andrew, James, John, Matthew, Phillip, Nathanael*
- What did Jesus say to his helpers? *Follow Me!*
- How many helpers to Jesus ask to follow Him? *12*

Jesus wanted helpers to tell other people about Jesus' love. Do you know that Jesus loves you? Let's pray and thank Him for that right now!

"Dear God, thank you for people who help tell everyone about your love. We're glad you love us too! Amen"

Coloring Sheet

Today we learned about Jesus calling twelve helpers to help spread the news of His love in the world. Our Memory Verse for this month is Matthew 4:19 "Jesus said to them, 'Follow me, and I will make you fishers of men.'" Here is a fun [coloring page](#) to help you remember our verse.

SNACK (5-10 minutes)

Taking a break for a snack helps give kids a developmental break after the lesson and be used as a simple reward/incentive for focus during Story Time. For Kidtown we keep snacks simple with Cheerios for most kids and gummy snacks for kids who have gluten allergies.

LESSON ACTIVITY (10 minutes)

This lesson activity is optional based on time. If you need to fill time it can help reinforce what the kids learned in the lesson, but can easily be cut if you're running short.

Option 1: Pipe Cleaner Fishing

Supplies: Pipe Cleaner, Clear Cup

Use some of the pipe cleaner to make fish to put into the cup, save one piece of pipe cleaner for each child playing. Take the remaining pipe cleaners and give them a hook at one end to make it a fishing rod.. Use the hooked pipe cleaner to pull fish out of the cup. You can make this more difficult by using a cup that isn't clear or by adding more pipe cleaners to the fishing rod to make it longer.

Say Some of the helpers that Jesus called were fishermen and this is what they would do everyday.

Option 2: Copy Dance

Supplies: Music

Put on some tunes and pick one person to be the leader. The leader dances and everyone else copies their dance moves, you've got to move fast to keep up! After a few minutes of after each song, change who the leader is. Switch off parents and kids being the leader.

Say Jesus asked His helpers to follow Him and to do the things that He did, just like we followed each other's dance moves.

PRAYER TIME! (15 minutes)

From an early age, we want to teach our kids that prayer is the fuel for our lives as Christians. We depend on God for everything and prayer helps us remember that. Especially in these uncertain times, prayer is one of our most important disciplines as God's people.

Pray For Each Other:

Questions to Ask (pick 1):

- How do you need prayer this week?
- What is one thing you need Jesus to help you with this week?

Pray: If your child is able, have them pray for another member of your family. You may need to pray and have them repeat after you.

e.g. "Dear God, please help daddy trust You."

Pray For Others:

Questions to Ask (pick 1):

- What friends or neighbors of ours can we pray for today?
- How can you show God's love this week to someone who might not know Him?

Pray: If your child is able, have them pray for one of the people you all thought of. You may need to pray and have them repeat after you.

e.g. "Dear God, please help Johnny believe in You."