

# KIDTOWN GUIDE

1st-5th Grades

**DATE:** 11/22/20

**SCRIPTURE:** Luke 24

**LESSON:** Jesus Appeared to the Disciples



## INTRO

**Parents say to your kid(s)** - Last week we talked about Jesus teaching some of His followers as they walked together on the road to Emmaus. Did the people with Jesus recognize Him? (Help your kids remember.) No! They didn't recognize Him at first, but then He opened their eyes to see that it was Him. Today we are going to talk about someone else who had trouble believing Jesus was alive.

**Can You Believe Me?** - Kids love to learn in concrete ways. This activity is a simple object lesson to help your kids interact with the Bible story they're about to learn. *Supplies: a container for a food kids don't like, a fun snack (this lesson gets better the more exciting the snack is, fruit snacks, candy, or something they would not typically get at this time of day)*

Put the fun snack inside the bad food container and tell kids there is something really good and exciting inside the box. Show some kids or another family member what is in the box. Ask kids if they trust that something special is in there based on what you have said, even though the container it is in is something they don't like. Open up the box and celebrate with kids by enjoying the snack.

**Say** - Today we are going to learn about someone who had trouble believing the really great thing people were telling him had happened. He hadn't seen Jesus with his own eyes, so it was hard for Him to believe Jesus was alive just like it could be hard to believe that there was something in the box when you couldn't look at it yourself.



## LESSON - JESUS APPEARED TO THE DISCIPLES

Watch the Gospel Project Bible video: [Jesus Appeared to the Disciples](#)

**Story Point #1:** (Kids repeat!)

**Thomas wouldn't believe without seeing.** (Kids repeat!)

The disciples were scared because they didn't want to be killed. So they hid inside and locked the doors. Some of the disciples had seen Jesus and the others wondered if it was true. Then, Jesus appeared! WITH THEM. IN THE LOCKED ROOM!! How did he do that? People can't walk through walls! The disciples thought He was a ghost. He told them they could touch Him to prove He wasn't a ghost. He showed His injuries and proved that it was Him. They rejoiced because Jesus was back with them again. But Thomas wasn't there and this was a very hard story for him to believe..

**Story Point #2:** (Kids repeat!)

**Jesus let Thomas see Him.** (Kids repeat!)

The disciples must've been so happy when they were telling Thomas, but he didn't believe. He said he wouldn't believe unless he saw with his own eyes and felt Jesus' injuries with his own hands. Now we could say "Wow Thomas, don't you believe your best friends?", but don't we want the same thing sometimes? Wouldn't it be cool to actually see Jesus and know He's really there without a shadow of a doubt?? Thomas gets that opportunity. Jesus appeared to Thomas and the disciples and told Thomas to touch His wounds so Thomas would know it was really Him.

**Story Point #3:** (Kids repeat!)

**Jesus said blessed are those who believe without seeing.** (Kids repeat!)

When Jesus showed Himself to Thomas, Thomas apologized and called Jesus his Lord and his God. Think about how patient Jesus was with Thomas! Jesus knew that other people were going to be like Thomas. He knew that people want to see proof before they believe. Jesus showed himself to other people so that there would be multiple eyewitnesses to tell others about how Jesus really came back from the dead. And He said blessed are those of us who believe in Jesus even though we've never seen Him with our own eyes and touched His wounds like Thomas got to.

**Christ Connection!** (Kids repeat!)

**Jesus helps us believe in Him and see our need for Him!** (kids repeat)

Jesus showed Himself to the disciples, to other people, and to Thomas, even when Thomas doubted the other disciples. He didn't have to show himself to Thomas, but He chose to because He is gracious. He wants to help people believe. When Jesus left earth, He sent the Holy Spirit to be with His people to be the helper and that is how we see Jesus now. 2 Corinthians 5:7 says we walk by faith, not by sight and I think this is how it works now. The Holy Spirit helps us see Jesus as Lord and to trust Him. The Holy Spirit helps us have faith even when we can't see Jesus.



## RESPONSE

**Sing:** [Live](#) (Key Passage Song)  
[Good Good Father](#)

**Pray:** Jesus thank you for helping us to believe even when we can't see you. Help us to trust you more.

**Discuss:**

- What stood out to you from this story? *Let kids answer. Non-spiritual answers are okay--we want them to interact with Scripture, not just regurgitate facts.*
- Why were the disciples hiding?
- Why were they so scared when Jesus appeared?
- How did he prove to the disciples and to Thomas that He was actually Jesus in the flesh?
- Is there a time that you haven't really believed in? Or where you felt like you couldn't trust? What helped you change your mind?
- Does anyone have any questions? Was anything about this lesson confusing?
  - *Allow time for questions and if you don't know the answers, that's okay. If you have any questions you are really stumped on, feel free to email us at [kidtown@midtowncolumbia.com](mailto:kidtown@midtowncolumbia.com).*



## BONUS ACTIVITIES

**Coloring Sheet** - [Printable coloring sheet](#) of Jesus with the disciples.

**Parent Share** - Have you ever had trouble believing Jesus was with you? Did Jesus take care of you anyway?

**Two Truths and a Lie** - A fun game to help your kids think about discernment and doubt. Take turns being it. Whoever is it says three sentences. Two of them are true and one is a lie. Everyone else has to guess which one is a lie. Try to pick truths that sound ridiculous and a lie that is really easy to believe.