

# KIDTOWN GUIDE

1st-5th Grades

**DATE:** 6/14/20

**SCRIPTURE:** John 5

**LESSON:** Jesus Healed a Man Who Was Lame



## INTRO

**Parents say to your kid(s)** - Last week we learned about a time when Jesus healed a woman and a girl. This week, we will learn about a time when Jesus helped a man who could not do anything for himself.

**Simply Impossible** - Kids love to learn in concrete ways. This activity is a simple object lesson to help your kids interact with the Bible story they're about to learn.

**Step 1:** Tell one of your kids to stand next to a wall with one side of their body touching it. Tell them to make sure their ankle, knee, hip, shoulder and head are all touching the wall. Now, try to lift your foot that is away from the wall without losing contact with the wall.

The trick is, you can't. It looks so simple but it's impossible.

**Step 2:** As a family, come up with as many rules as you can that you think might make it possible to lift your foot while staying stuck to the wall. (i.e. open your mouth, raise your outside hand over your head, keep your knees bent.)

**Say** - None of the rules help do they? The religious leaders of Jesus' day thought that it was possible for them to save themselves by following enough rules. But over and over Jesus wants to help us see it's impossible for us to save ourselves, no matter how many rules we try to follow..



## LESSON - JESUS HEALED A MAN WHO WAS LAME

Watch the Gospel Project Bible video: [Jesus Healed a Man Who Was Lame](#)

**Story Point #1:** (Kids repeat!)

**Jesus helped a man who couldn't help himself.** (Kids repeat!)

This man had not been able to walk for a long time. He spent his days waiting by a special pool in Jerusalem that he believed could heal him if only he could get into it. There were lots of other people there who wanted to be healed too! But this man had no one to help him get into the pool. When Jesus came, the man thought the pool was his only hope, but Jesus didn't need the pool to heal the man. He said to him to get up and walk... AND HE DID!! The man who couldn't even get himself into the pool could now skip and run around. Because the man could not do anything for himself, it was obvious that Jesus was the one who made him well. BUT Jesus is about to talk to some people who thought they were strong and didn't need any help...

**Story Point #2:** (Kids repeat!)

**The religious leaders thought they could help themselves.** (Kids repeat!)

The religious leaders had a lot of rules they had to obey. They believed that if they followed all of the rules just right, God would love them. So, they added tons of extra rules to what God had said and they expected everyone to follow them. They thought they could save themselves by obeying their rules.

Two of their specific rules said no one could carry anything on the Sabbath, and no one could heal anyone on the Sabbath. So, when they saw the man carrying his mat and he said Jesus had healed him, they weren't happy at all. In fact, they were mad!



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They were mad that the man was carrying his mat on the Sabbath. They were really REALLY mad that Jesus was healing people on the Sabbath. How dare He not follow all of their rules?! Because the religious leaders thought following the rules would save them, they couldn't stand Jesus saying that wasn't true. Which leads us to....

**Christ Connection!** (Kids repeat!)

**Jesus died for us because we cannot help ourselves.** (kids repeat)

Just like the man couldn't help himself, we can't save ourselves. We were born under the weight of sin and none of us can fix our sin problem by ourselves. The religious leaders thought they could be saved by following all of the rules perfectly, but they couldn't. There is no amount of rules or commandments that we can perfectly follow to be saved. Jesus' death on the cross is the only thing that can save us. Just like Jesus told the man that he was clean, Jesus went to the cross for those who believe, to wash us from our sin and make us clean. Jesus saved us because we cannot save ourselves.

## RESPONSE



**Sing:** [By His Wounds](#) (Current Key Passage Song)  
[In This Way](#)

**Pray:** Jesus, thank You that You love and care for us even though we are powerless to save ourselves. Thank you that you died for our sins because we can't heal and clean ourselves. Amen.

**Discuss:**

- What stood out to you from this story? *Let kids answer. Non-spiritual answers are okay--we want them to interact with Scripture, not just regurgitate facts.*
- Why couldn't the man get in the pool by himself? *He couldn't walk.*
- What did Jesus say to the man? *"Do you want to be healed?" "Get up, take up your bed, and walk."*
- Why were the religious leaders angry at Jesus? *He broke their rules.*
- What are some ways you need Jesus' help this week?
- Does anyone have any questions? Was anything about this lesson confusing?
  - *Allow time for questions and if you don't know the answers, that's okay. Affirm their question and let them know that you don't know but will try to find out. If you have any questions you are really stumped on, feel free to email us at [kidtown@midtowncolumbia.com](mailto:kidtown@midtowncolumbia.com).*

## BONUS ACTIVITIES



**Coloring Sheet** - [Printable Coloring Sheet](#)

**Parent Share** - Are there any ways that you try to save yourself like the Pharisees in this story?

**Potato Drop Relay** - *Supplies: potato (or a small ball), tape or chalk*

Tape two lines or draw two chalk lines about ten feet apart. Line up family members behind one of the lines and have a relay race! Have the first person in line place the potato between their knees and try to walk as fast as they can to the other line and back without letting the potato drop. When they have reached the starting line again they pass it off to the next person who runs to the second line and back. Continue this until everyone has gone. You can use a timer to see how fast everyone can go!