

WEEK 7:

# CLEANSING FOR SHAME

## PRIMARY SCRIPTURE:

Luke 5:12-16

## RELATED SCRIPTURE:

Genesis 2:25, Leviticus 13:40-46, Isaiah 61:7-10,  
Romans 7:21-8:4, 2 Corinthians 12:5-10

“Jesus stops his teaching, stops answering questions, and for a moment, devotes all of his attention to this desperate man... he’s begging Jesus, ‘Please heal me.’ Now, what he’s expecting is a word from Jesus, and what he gets is a touch from Jesus. Jesus touches this man. He feels Jesus touch him... Jesus touches those who are unclean. That’s what he does. [And in his touch] Jesus is being affectionate to this man; and he’s blessing this man; and he’s encouraging this man; and he is publicly dignifying this man.”

– Mark Driscoll

## PERSONAL STUDY:

**Read Luke 5:12-16.** What do you know about leprosy? When v. 12 says the man was “full of leprosy” it means he had a severe case. Where in your life have you or people in your life dealt with debilitating diseases? What different aspects of your life were affected (physical, social, emotional, etc.)?

In Luke 5:12, what do the leper’s actions and statement reveal to you about him? When have you experienced this kind of desperation?

**Read Luke 5:13.** Why are Jesus’ words “be clean” so important? How does Jesus cleaning the leper’s physical ailment reflect a deeper spiritual reality?

What in your life has caused you to feel the most shame, embarrassment, unworthiness or dirtiness? Who in your life has been the most crippled by shame?

What behaviors and emotions have been birthed out of shame in your life?

What advice have you been given in life for how you should deal with your shame? Why does fixing external conditions fail to solve the depths of our shame issues?

**Read Romans 7:21-8:4 and 2 Corinthians 12:5-10.** How does the gospel deal with and free us from our shame?

## SERMON NOTES:



## LIFEGROUP DISCUSSION:

**Read Luke 5:12-16.** How is the man's leprosy more than just a physical problem? Where have you seen physical ailments or circumstances connect to much deeper social and spiritual issues in your soul?



How much do you deal with shame in your daily life? What in your life has caused you the most shame?

What behaviors and emotions have been birthed out of shame in your life?



**Read Luke 5:12-13.** The man asks to be made clean and Jesus offers to cleanse him. Why is cleansing important in regards to leprosy and the deeper issue of shame?

**Read Jeremiah 33:8, 1 John 1:7 and Colossians 1:21.** How does the gospel deal with our sin and set us free from shame at every level?

