

CONVERSATION GUIDE *Middle-High School*

DATE: 3/7/21 LESSON: Reactive Parenting

INTRO

This conversation guide exists to help parents interact with their middle and high school students. Our goal is to help them transition toward being adults, but most middle and high school students still need some translation and help connecting what we're learning on Sundays to their lives.

- Ice Breakers:
 - List some helpful things your parents have taught you throughout your life. What is one thing your parents have been helping teach you recently?
- Sermon Discussion:
 - What is something that stood out to you from the sermon?
 - **Read 2 Timothy 3:16-17.** What are the four ways God's word is useful for helping us grow?
 - How do these four things apply to reactive parenting?
 - Think of some times in the past when an event happened in your life and your parents reacted to it? (Could be something good or bad: a time you got in trouble, did poorly in school or had a major accomplishment!)
 - What are some times you remember when your parents reacted in an awesome way that helped you grow? What did they do?
 - Parents and Students What is a time you remember when the response to a major moment didn't go so well? What do you think could have gone better?
- **Parent Share:** What are some areas of your student's spiritual life where you want to see them grow?
 - Students, what are some ways you think you are your parents could work together to help that growth happen?
 - Parents, are there any other ways you think you could help your student grow in these areas?
 - Spend some time praying for God to keep working in these areas of your student's life.