



Week 1 | The Three Enemies

1. Catch Up On Life:

As a church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between (1 Thessalonians 2:8, Romans 12:10, 15).

Suggested time: 20-30 minutes

- How are you doing?
- What can you thank God for this week?
- When were you most aware of Jesus' presence this week?
When were you least aware of Jesus' presence this week?
- Do you have any practical needs? (If so, please visit our [Needs](#) page)

2. Review the Mission:

Just like God the Father sent Jesus on a mission of reconciliation for us, Jesus sends us out as ambassadors of His reconciliation. We are called to make disciples wherever we go. (John 20:21 and 2 Corinthians 5:18-20)

Suggested time: 10-20 minutes

1. People:

- **Reactive** - Who in your life (family, coworkers, etc.) can we join you in praying for? Who has God put around you that is showing spiritual interest? Who is hurting and could use some love from our group?
- **Proactive** - Who are the people we are intentionally living on mission with (neighbors, STC partner organizations, or a specific demographic in Columbia)? What are our upcoming plans to love, serve, and build relationships with this group?

2. Plan: Are there any rhythms planned (virtual or in-person) that we can invite these friends into? What spiritual conversations do you want to initiate with them soon?

Pray: Let's pray for our people by name; pray for their needs, opportunities to connect, and opportunities to have spiritual conversations that help them take next steps toward Jesus.

3. Sermon Discussion:

God uses His Word to reveal Himself to us, equip us to live the good life He's designed for us, show us our sin, and strengthen us as we follow Him (2 Timothy 3:16-17, Colossians 1:9-12, and James 1:22-25).

Suggested Time: 20-40 minutes

i. Scripture Discussion

Primary Passages: **Ephesians 2:1-10**

Read **Ephesians 2:1-10** out loud. Spend some time silently reflecting and journaling the following questions as a LifeGroup.

- What stands out from the passage?
- What does this passage reveal to us about God?
- What does this passage reveal to us about people?

Share with one another what you thought, reflected, and wrote about.

ii. Sermon Discussion

What stood out to you from the sermon?

In the sermon, we said the three enemies that wage war on our soul is the world, the flesh, and the devil. Which of these enemies most stands out to you? Why?

What are you going through this week that you need to fight back against? (For example, sin you're wrestling with, lies you're believing in, etc)

- Has the Holy Spirit been prompting you to do anything that you've been resisting? What step(s) do you need to take to walk in obedience?

Pray: James tells us that a community that regularly confesses sin and prays for each other will see a lot of healing. Confess your sins to God in prayer and pray for each other. **Pray** for the Spirit to work in you as you take steps of repentance.

4. Engage the Heart:

Jesus calls us to walk in the light, confessing our sins to God and each other. God's Spirit works through confession and community to lead us to repentance. (Romans 3:23-24, James 5:16 and 1 John 1:5-10)

Suggested Time: 20-40 minutes

- How are you abiding with Jesus (Bible reading and prayer) this week? What has Jesus been teaching you through these practices?
- What sin do you need to confess to God? What are you struggling to trust Jesus with this week? How can you give Him control of it? (As people confess sin, make sure to remind one another of the good news Jesus offers. If need be, use the worksheet "Go-to Verses for Gospel Fluency" at FollowingJesusTogether.com/confession)