

WORK

You Need Meaning for your Frustrations | Week 6

1. Catch Up On Life:

This is when we update each other on the things that Jesus has been up to in our lives since we last saw each other. As church family, we care about each other's lives: what we're celebrating, what we're mourning, what decisions we are praying through, and everything in between. (1 Thessalonians 2:8, Romans 12:10 and 15)

- Celebrate the wins - where have you seen Jesus working in the last week (shaping you to be more like Himself or working in the lives of those that He's put around you)?
- What (if any) big life updates do you need to catch us up on (positive or negative)?

Pray: Take every opportunity to pray and thank God for the good He's doing in our lives, and ask for help and healing anywhere there is pain.

2. Review the Mission:

Just like God the Father sent Jesus on a mission of reconciliation for us, Jesus sends us out as ambassadors of His reconciliation. We are called to make disciples wherever we go. (John 20:21 and 2 Corinthians 5:18-20)

People:

- Reactive - Who in your life (family, coworkers, etc.) can we join you in praying for? Who has God put around you that is showing spiritual interest? Who is hurting and could use some love from our group?
- Proactive - Who are the people we are intentionally living on mission with (neighbors, STC partner organizations, or a specific demographic in Columbia)? What are our upcoming plans to love, serve, and build relationships with this group?

Plan:

- Are there any rhythms already planned, or an extra rhythm we could plan to create a way for these friends to connect with our group?

Pray: Prayer is the fuel of God's mission. Let's pray for our people by name; pray for their needs, and opportunities to have spiritual conversations that help them take next steps toward Jesus.

3. Sermon Discussion:

God uses His Word to reveal Himself to us, to equip us to live the good life He's designed for us, to show us our sin, and to strengthen us as we follow Him. We preach the Word on Sundays and apply it as a LifeGroup throughout the week. (2 Timothy 3:16-17, Colossians 1:9-12 and James 1:22-25)

Primary Passage: James 1:1-4

Related Passages: Genesis 3:22-24

Read James 1:1-4 out loud. What stood out from the passage? What does this passage reveal to us about God? What does this passage reveal to us about people?

- What stood out to you from the sermon?
- At the start of the sermon, we made a list of our work frustrations, what is on your list?

In the sermon we gave four steps so that your frustrations can serve you rather than destroy you:

1. See it coming
2. Go to God first with lament and prayer
3. Then, bring others into it
4. Persevere in faithfulness

Are there any of these that you need to apply? Which and how so?

How might God intend to use your specific frustrations to make you more like Him? What are the necessary steps you need to take for that to happen?

Pray: Thank God that He uses our work frustrations as an opportunity to be more like Him. **Pray** for the wisdom to see our frustrations and to take steps this week to let those frustrations serve us.

4. Engage the Heart:

Jesus calls us to walk in the light, confessing our sins to God and each other. God's Spirit works through confession and community to lead us to repentance. (Romans 3:23-24, James 5:16 and 1 John 1:5-10)

- How have you sinfully handled your frustrations at work this week? How can you give God control of it?
- Has the Holy Spirit been prompting you to do anything that you've been resisting? What steps do you need to take to obey?

Pray: James tells us that a community that regularly confesses sin and prays for each other will see a lot of healing. Confess your sins in prayer and pray for each other.